

Modupe's Mobile Menu



Our Health is our Wealth

So

Let's Eat to Live!!

COMING SOON...

Modupe's Afro Soul and Vegetarian Restaurant and Cultural Center

We are seeking investors. Email joyamao@earthlink.net or call 510-435-2521 for info

Modupe's Mobile Menu

To place order please call 510-435-2521 by 11:00am Mon-Fri to guarantee same day delivery

West African Fish Stew Plate \$15.00

The day's fresh catch stewed in a spicy red sauce served over your choice of brown or white rice and accompanied with black eyed peas, plantain, and greens

West African Chicken Stew Plate \$15.00

Organic free range chicken stewed in a spicy red sauce served over your choice of brown or white rice and accompanied with black eyed peas, plantain and greens

African Style Veggie Platter \$12.00

An exciting vegetable medley lightly sautéed with tofu, African spices and served generously over a bed of brown rice.

Accompanied by your choice of a side salad and plantain or black eyed peas and greens

Soul Burger Combo Platter \$12.00

Your choice of a Falafel, Salmon, or Tuna burger on a whole wheat bun accompanied with garlic fries. Burger is served with lettuce, onion, tomato and pickles. A side salad or fruit salad can be added for \$3.00

Mama Joy's Colon Cleansing Kale Salad Explosion \$7.00

A generous explosion of fresh vegetables, lettuces, cabbage and kale in a delicious light ginger and sesame dressing. Includes fresh garlic, onion and jalapeno. Please indicate if you would like any of these items omitted. Served with your choice of fresh baked whole wheat or corn bread.

The Original Gumbo \$15.00

A hefty bowl filled with organic seafood and chicken in a zesty sauce full of African spices and freshly blended okra. Served plain or with rice.

FuFu Selections \$20.00

Your choice of Okra soup, Ogbono Soup or Egusi Soup with African stewing hen, free range organic chicken, or fish. Served with either Gari or Pounded Yam. Request spicy or mild when calling. Served weekends or by special request weekdays.

Limited availability so call ahead please.

Fruit Lover's Platter \$5.00

A delicious combination of seasonal fruits divinely displayed for your delectable delight



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We are seeking investors for Modupe's Restaurant & Cultural Center opening Spring 2006.

Please inquire at joyamao@earthlink.net or call 510-435-2521 for more info.

Modupe (give thanks)!

